

<u>Day and Date</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
WEEK 1 March 28- April 3				Cardio Drumming Rokewood Memorial Hall 7:00-7:45am <i>(Sports Central)</i> Pickle Ball Ross Creek Tennis Club 7-9pm <i>(Sports Central)</i>		Cardio Drumming Dereel Community Centre 9:00-9:45am <i>(Sports Central)</i>
WEEK 2 April 4-10	TaiChi Dereel Town Hall and Community Centre 10:-11am	Tai Chi Inverleigh Hall 3-4pm		Cardio Drumming Rokewood Memorial Hall 7:00-7:45am <i>(Sports Central)</i> Tai Chi Teesdale Hall. 4pm- 5pm		Cardio Drumming Dereel Community Centre 9:00-9:45am <i>(Sports Central)</i>

WEEK 3 April 11 – 17 SCHOOL HOLIDAYS		Cardio Drumming Bannockburn Community Centre Hall 11-11:45am			GOOD FRIDAY	
WEEK 4 April 18 – 24 SCHOOL HOLIDAYS	EASTER MONDAY				Afro Latin Dance Fitness Bannockburn Community Centre Hall 6pm-7pm Afro Latin Dance Fitness Inverleigh Hall 8pm-9pm	Afro Latin Dance Fitness Teesdale Hall 4:45pm-5:45pm
WEEK 5 April 25 - 1	ANZAC DAY			Yoga Teesdale Hall 1-2pm	Yoga Inverleigh Hall 11am – 12	Yoga Bannockburn Community Centre Hall 4-5pm
WEEK 6 May 2 - 8	Cardio Drumming Smythesdale Community Hall 1-1:45pm		Cardio Drumming Meredith Community Centre 10-10:45am (Limited to 10 ppl)		Cardio Drumming Haddon 1-1:45	
WEEK 7 May 9 - 15	GENKI FIT Step Meredith Community Hall 10-11am	GENKI FIT step Bannockburn 11am - 12				