

Free

Mental Health, Drug, and Alcohol Counselling

In Dereel

at the Community Centre – 14 Swamp Road

- ✓ It's a **FREE COUNSELLING SERVICE** for **adults and young people** – but also available to **FAMILIES** Impacted by other's drug use or mental health issues.

Who are we? – We are a BCYF Service referred to as **Brief Interventions**.

What We Do?

- Provide FIVE x 60-minute specialist AOD counselling sessions
- Comprehensive Psychosocial Assessment
- Streamline referral pathway to other services as required
- Treatment Planning
- Family Based intervention, through a family therapy lens where indicated
- Care Coordination

How Can I access this Service?

It's easy! NO complicated forms. NO Mental Health Care Plan required.

We do prioritise GP referrals SO Tell your doctor - as we welcome their support.

We do accept self-referrals – **Just RING BCYF intake on 1300 022 293** and talk to them about a referral to Brief interventions – Counselling in Bannockburn.

Or, Ring Raquel on 0432688769