



Spring Festival Edition

Edition 2: October 2015

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<http://dereelspokes.com>

 Dereel Spokes

 @dereelspokes

News from

Dereel Community Hub Inc.

Dereel and Surrounds



Spring Festival

Saturday 10th October

On This Weekend!

There's something for everyone at the 2015 Dereel and Surrounds Spring Festival.

We have everything from cars, to coffee to craft as well as essential oils, alpaca fleece, keeping poultry, pump maintenance and yes, there will be a jumping castle and face painter for the younger set.

Turn to Page 2 for information about demonstrations and talks you can hear over the course of the day.

Come and say "Hello: to us while you're there.

Hub Café Saturdays

The first *Hub Café* was held at the Dereel Community Centre on Saturday 12th September. It was great to see community members enjoying the sunshine and chatting together over a perfectly brewed espresso coffee.

Hot chocolate and chai was also on offer for those who aren't coffee drinkers.

If you didn't make it to the first Hub Cafe, come along on Saturdays between 12 noon and 2pm. You can find us in the Dereel Community Centre.

Note that the Hub Café will be operating all day from the CERT Shed during the Dereel and Surrounds Spring Festival. See Page 2 for more information on the Spring Festival *Hub Café* activities



Tashka enjoys a latte while Pippa has hot chocolate.

Spring Festival

New Residents to Dereel

If you are new to Dereel, the Spring Festival is a great way to find out about the groups which operate within your community. Come along and introduce yourself! We'd love to meet you!

Art Display

The "People's Choice" award was a popular feature of Spring Festival last year, and will be happening again in 2015. Take your time to look at all of the artwork and vote for the piece you like best.

This year artworks and gift cards are for sale.

Market Stalls

An interesting array of market stalls will be operating from the front of the Hall and inside the Community Centre.

Among goods on offer are children's wooden furniture, craft items, men's tools, garden items, candles, wooden accessories, African cloths and handmade items, alpaca hand spun fibres, essential oils, cosmetics, fudge, cider vinegar, spices, cooking oils and more!

For the Kids

Along with the existing playground we have face painting, jumping castles, digeridoo painting with Paul Kirby and a children's drawing competition.

Talks and Demonstrations

Commencing from 10am, talks and demonstrations will provide inspiration and information throughout the day.

The Hall stage will be the venue for speakers. Hear about the unique geology of the Dereel Swamp from Julie Lee, find out how to keep poultry from Kim Stanley, learn more about small animals and equines from the Golden Plains Vets, learn the finer points of essential oils from Clio Ellis-Perez and celebrate the creation of the Dereel Community Hub Incorporated with Mitchel Fielding.

The Community Centre will feature a range of craft demonstrations throughout the day including calligraphy, card making, hand quilting and the process of turning fleece into spun and dyed fibres. Your guides will be Jules Butterworth, Michelle DeGroot and Sallie Inwood.

Outside, the CFA will demonstrate how to extinguish a gas bottle fire, Bill Luke will help you to keep your pump in top condition and some local car enthusiasts will have their prized cars on display.

The CERT Shed will host the *Hub Café* for the day,

along with presentations of "Coffee from Tree to Cup" and a special CFA 'Fire Ready Victoria' workshop.

Along the way, we hope to bring you a few more presenters speaking about self-sufficiency.

Hub Café at Spring Festival

By Richard Emery - coffee obsessed local.

The *Hub Café* coffee will continue this weekend at the Spring Festival.

We have been operating from the Community Centre kitchen for the past few weeks and I just love introducing everyone to new tastes.

I have the latest pour over and a full commercial filter coffee maker plus a fabulous Breville home espresso machine. You can taste how different brewing methods affect the flavour of the coffee and the results are always surprising. An example of this is our Ethiopian Yirgacheffe coffee. It has heaps of chocolate and apples when made on the Breville but is full of lemons and citrus when the pour over technique is used and quite subdued when put through the filter.

If you would like to play with coffee at the Spring Festival, come to the Dereel CERT Shed. You can taste a few different coffees and I will be doing my best to answer your questions in explaining the process of coffee from plantation to cup.

A hint on how to get better coffee using one easy step: **DO NOT POUR BOILING WATER ON ANY COFFEE** ...even instant coffee. Boiling water will burn the coffee and make the bitterness overwhelm any desirable tastes. The trick is to get the kettle to click off at boiling THEN prepare your ingredients, coffee, milk and sugar (if you must) before you introduce coffee and water. The best temperature for the water is 93 degrees C.

See you on Saturday.



Soup Kitchen

We thank Bennita Hough for the home-made soup and Mabel from the Napoleons General Store for volunteering to supervise the kitchen.

What's Happening?

DCHI News

The Inaugural General Meeting of the Dereel Community Hub Incorporated was held on Monday 7th September at 7:00 pm as advertised. Thank you to Councillor Helena Kirby for officiating at the meeting. The following people were elected as office bearers:

President: Caroline Everett
Vice President: Richard Emery
Secretary: Lisa Hunter
Assistant Secretary: Julie Lee
Treasurer: Mitchel Fielding
Assistant Treasurer: Carolyn Moyse

New members are very welcome! Our membership is based on a once-off donation of \$10.00 and members can attend all of our meetings to participate in planning activities we are organising in the community.

We now have a structure which allows us to work with members to do many things. What would you like to happen at the Dereel Hall and Community Centre? Some of the options we have discussed are pizza nights, card nights, bingo, dances, poetry or play readings, and a whole series of short sessions to swap skills, but there are many more possibilities. The decisions we make will depend on our members and the choices they make.

For a Membership Application Form see our website or contact Lisa Hunter. Email: LisaHunter@bigpond.com

Membership Application Forms are also available at our Spring Festival stand or at the *Hub Café* on Saturdays.

Our next meeting is on Monday 19th October at 7:30 pm in the Dereel Community Centre kitchen.

Other Community News

Trivia with a Twist

The Rokewood Kindergarten are having a silent auction and Trivia with a Twist night on Friday 9th October at 7:00pm in the Rokewood Memorial Hall.

Please contact Angela Neville on 0409 521 759 to book a table or for more information. You can also visit their page on Facebook : Trivia with a Twist.

TAI CHI in Dereel

Rory is looking for people keen to join a Dereel Tai Chi group. If he can get a few more people involved, regular instructor Sandra will come out and continue teaching this peaceful, graceful art.

Tai Chi is great for the mind, spirit, balance and the Dereel group provides a friendly atmosphere to boot. Everyone is a beginner. Participate at your own pace

within your own mobility range. Tai Chi can be done while seated for those who are unable to stand for long periods of time.

Each session is one hour with one session per week . The group runs during school terms. Participating members work out a mutually agreeable time and day, which can change from term to term .

If you are interested, please contact Rory Vass:
Phone: 4333 0215

Bennita –Dereel Community Nurse

The following items were sent to us by Bennita Hough, our local Community Nurse:

Seniors Week is happening again. There is lots on offer within the shire: A visit to the Berry Gardens, Hobby and Craft show, and bus trips to Halls Gap and Werribee Zoo and a mystery bus tour.

Come and try Tai Chi, golf and fitness for seniors. An introduction to Saori Weaving. Displays, storytelling, Generation Gap Photo Exhibition, Grandparents Nature Play Day and a Chat and Chew meal. And our usual Trailblazers walk.

For more information contact Kim Boyd on telephone number: 5342 7000 or via e-mail: kboyd@gplains.vic.gov.au or call into the Community Center for a booklet on all the events

Summer Fire Safety: Jill Burgess from the CFA training area will assist us to plan for fire safety this summer. Tuesday October 6th at 9:30

Dietician: Joanne will be in attendance at the Community Centre, Tuesday October 13th from 9:30am. Given the talk about fats and sugars in our diet it can be very confusing when trying to buy the 'right' foods. We will be looking at yoghurt which we are informed is 'low fat' but how much sugar do we consume in each small tub.

Archibald Prize for 2016: do you fancy a trip into Ballarat to view this magnificent exhibition? We have a group booking for Tuesday October 20th at 10:00. The plan is to see the exhibition then enjoy a leisurely lunch at Lake Wendouree. Transport to be via carpooling with a donation to the driver to cover petrol. Ticket admission \$8.00

Do you know what **Power of Attorney** means or do you know how to manage a Will? Lisa from Central Highlands Legal Services will be here again to look at these things. Tuesday October 27th at 9:30

Acknowledgements

The Dereel Community Hub Incorporated would like to thank **CentaCare** for paying our first year Public Liability Insurance and also for covering the cost of printing the Dereel Spokes newsletter for our first year.

Dereel Views

Yellow: The Colour of Spring

By Lisa Hunter

To tie in with the Dereel and Surrounds Spring Festival, happening on Saturday 10th October, I thought I would post a gallery of beautiful yellow Spring wild flowers growing in and around Dereel. (See more online.)

This is just a start. There are so many yellow wild flowers blossoming at the moment. If you can add to the list, photograph and send it to dereelspokes@gmail.com



Erect Guinea Flower (*Hibbertia riparia*)



Narrow-Leaf Bitter-pea (*Daviesia leptophylla*)



Trailing Goodenia (*Goodenia lanata*)

Free Subscription

We want to be responsible with paper, and with our financial resources. So the first few printed edition will go to every household in Dereel to let you know we exist, and to ask for your support. In the future, the printed version will only be delivered to residents who request it.

If you would like to continue getting a printed copy of the newsletter in your letterbox, please let us know by filling in this form. It won't cost you anything and we can be sure we are only delivering it to the people who want to read it.

Yes, I would like to continue receiving the print edition of *Dereel Spokes*.

Name: _____

Address: _____

Please return this form to:
2857 Colac-Ballarat Road, Dereel

Submission Guidelines

Dereel Spokes is the communication arm of the newly formed Dereel Community Hub Inc. Along with news of events we are planning, we would like to publish items of interest to the Dereel community. You don't need to be a member of the Dereel Community Hub to submit an item to our newsletter.

We accept photographs and articles related to community announcements, local events, light news items, local flora and fauna, local community groups, schools, sporting clubs, agricultural organisations and any other items in the spirit of bringing the community together.

You must own copyright for any photograph you submit. Please include signed permission to publish if your photo includes a person.

Note: We will not publish jokes, political commentary or advertising and we reserve the right not to publish items we consider to be offensive to the community.

Lisa Hunter
Editor
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